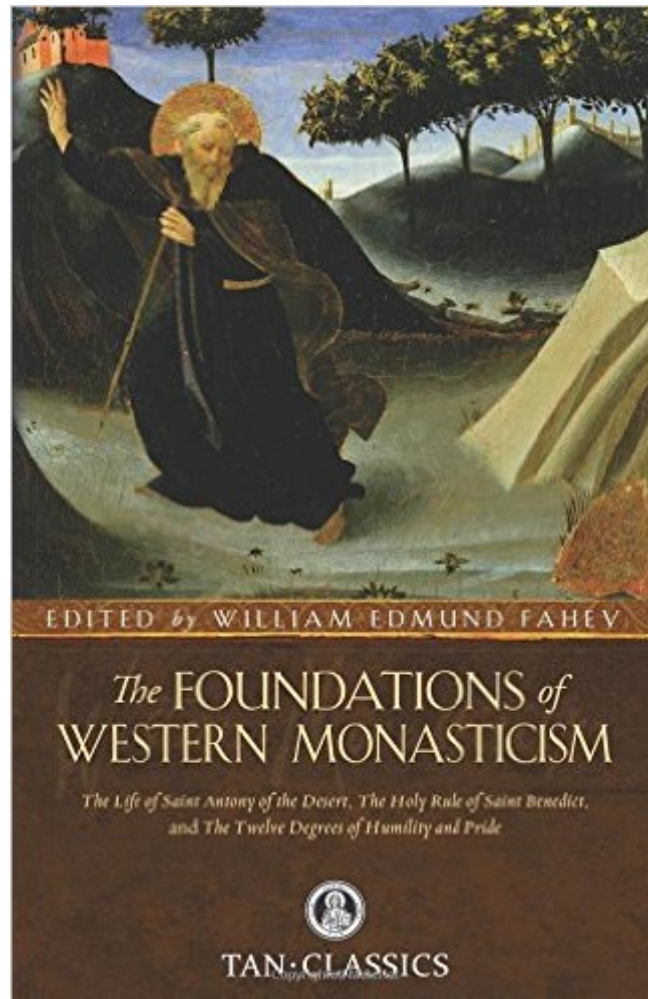


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# The Foundations Of Western Monasticism (Tan Classics)



## Synopsis

St. Antony of the Desert, St. Benedict of Nursia, and St. Bernard of Clairvaux rise above all other figures in Catholic history as guides. To travel with them and to seek a view upon the heights of their personal holiness and wisdom is to secure passage into the rich and complex world of monasticism. Monasticism distills the essence of Catholic spirituality for all time and for all Christians. The Foundations of Western Monasticism, the latest addition to our TAN Classics, concentrates on three of the finest Christian texts available and will provide both first-time and advanced readers with an essential review of Christian monasticism and the foundational principles of Catholic prayer life, spiritual combat, contemplation, and communal living. These three texts, The Life of St. Antony, the Holy Rule of St. Benedict, and St. Bernard's Twelve Degrees of Humility and Pride, are offered to the reader as a simple and short path to the essence of Christian monasticism and authentic Christian teaching. St. Antony is presented as monasticism's foremost Founding Father, St. Benedict as its greatest Law-giver, and St. Bernard as its most daring Mystic. Taken together, these men and their writings will allow the reader to ascend the very heights of Christian monasticism and arrive at certain firm principles by which to evaluate and deepen his commitment to the Faith. Foundations of Western Monasticism also includes introductions and reading lists provided by Dr. William Edmund Fahey, Fellow and President of Thomas More College. A Benedictine oblate, Dr. Fahey has provided a new translation of the famous Rule of St. Benedict.

## Book Information

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## Customer Reviews

"The Life of St. Antony," "Rule of St. Benedict," and "Twelve Degrees of Humility and Pride" compose the book *Foundations of Western Monasticism*. These three texts serve to provide a small glimpse into what exactly monasticism is. They were chosen because, according to the preface, "St. Antony is presented as monasticism's foremost founder, St. Benedict as its greatest law-giver, and St. Bernard as its greatest mystic." Dr. Fahey, the editor of this book, chose three fine texts and also provided a new translation of the "Rule of St. Benedict." You might already be familiar with one, two, or all three of the above texts. I personally was familiar with two of these texts, but "Twelve Degrees of Humility" was a new one to me. My familiarity with some of these texts did not keep me from re-reading them though. I personally love "The Life of St. Antony," and if you have never read it, you need to at least once in your life! In this work, which was written by St. Athanasius, the reader not only receives a biography of St. Antony, but spiritual wisdom and advice on how to resist the devil and his assaults against us. I won't elaborate on the other two works in great detail. The "Rule of St. Benedict" contains a number of prescriptions for monastics to practice, such as, "How Morning Prayer is to be Said." Dr. Fahey's translation is superb and easy to read. "Twelve Degrees of Humility" is a spiritual "Chutes and Ladders," to explain it in terms that make sense to me. There are twelve degrees one can take to grow more humble and closer to God, but there are also degrees one can take which will make them more prideful and further from God. While this text was intended for monastics, it contains great spiritual truths for the laity as well.

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